

LOWER MACUNGIE FIRE DEPARTMENT
ANNUAL MEDICAL/PHYSICAL PROCEDURE

As per our SOPs, all LMFD personnel are required to complete the following steps during the month of their birthday. Please remember that not getting a physical can result in not being eligible for incentives and possibly interior qualification. **Please note: work physicals WILL NOT be accepted as a replacement for the department physical unless other circumstances that have been discussed and approved already.**

Step 1: Receive email with this paperwork and physical packet to fill out

Step 2: Schedule an appointment

Firefighters and fire police shall schedule their appointments for all tests and physical exams at health works. Phone # 610-402-9285 option#1. When scheduling please let them know you are with the **LOWER MACUNGIE FIRE DEPARTMENT and that it is the ANNUAL TESTING.** Health works Allentown is located at 1243 S. Cedar Crest Blvd 1st floor, Allentown PA 18103.

Step 3: Arrival to your appointment with all paperwork.

It is unknown exactly how long it could take but on the safe side I would side with 2 hours for everything but hope it is less.

If you have any issues or problems, please Contact Andrew Miller 951-295-0727.

REGISTRATION FORM

- | | |
|------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Healthworks Allentown | <input type="checkbox"/> HealthWorks Bethlehem |
| <input type="checkbox"/> HealthWorks Easton | <input type="checkbox"/> HealthWorks Trexlertown |

Please print in blocks below questions. Thank you.

PATIENT INFORMATION

Last name:		First:		MI:	
Is this your legal name?		If not, what is your legal name?		(Former name):	Birth date:
<input type="checkbox"/> Yes	<input type="checkbox"/> No				Age:
				/ /	Sex:
					<input type="checkbox"/> M <input type="checkbox"/> F
Home phone #:		Cell phone #:		Social Security #:	
()		()		- -	
Street address:					
City:		State:		ZIP Code:	

EMPLOYER INFORMATION

***Please list the Employer who requested that you come to HealthWorks. If a Temporary Agency sent you, list them as the Employer. If paying for services yourself, leave employer information blank. ***

Company/Employer Name:	Employer address:	Name of Company Contact:	
Lower Macungie FD	958 Brookside Rd. Wescosville, PA 18106	Andrew Miller	
Employer phone #:	If working for a temporary employment agency, list where you will be working, if known.	Job Title:	Shift- 1 st , 2 nd , 3 rd
(951) 295-0727			N/A

IN CASE OF EMERGENCY

Name of relative or friend to be called in case of an emergency:	Relationship to patient:	Cell phone #:	Work or Home phone #:
		()	()
<input type="checkbox"/> Check this box if your emergency contact's address is the same as yours. If different, please record their address below.			
Street address:	City:	State:	ZIP Code:

MEDICAL HISTORY

Name: _____ Company: _____

Position Applied For: _____

APPLICANT/EMPLOYEE HEALTH HISTORY

Yes	No		Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Any illness or injury in last 5 years	<input type="checkbox"/>	<input type="checkbox"/>	Stroke or paralysis
<input type="checkbox"/>	<input type="checkbox"/>	Head/Brain injuries, disorders or illness	<input type="checkbox"/>	<input type="checkbox"/>	Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring
<input type="checkbox"/>	<input type="checkbox"/>	Seizures, epilepsy. If Yes, medication: _____	<input type="checkbox"/>	<input type="checkbox"/>	Missing or impaired hand, arm, foot, leg, finger, or toe
<input type="checkbox"/>	<input type="checkbox"/>	Eye Disorders or impaired vision (except corrective lenses)	<input type="checkbox"/>	<input type="checkbox"/>	Numbness or tingling of arms, legs, hands or feet
<input type="checkbox"/>	<input type="checkbox"/>	Ear disorders, loss of hearing or balance	<input type="checkbox"/>	<input type="checkbox"/>	Spinal injury or disease
<input type="checkbox"/>	<input type="checkbox"/>	Heart disease or heart attack; other cardiovascular condition. If Yes, medication: _____	<input type="checkbox"/>	<input type="checkbox"/>	Have you had any exposure to chemicals, noise or vibration which might cause possible health problems? If yes, please list: _____
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes or elevated blood sugar Controlled by _____ diet _____ pills _____ insulin	<input type="checkbox"/>	<input type="checkbox"/>	Chronic or ongoing low back pain
<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure. If Yes, Medication: _____	<input type="checkbox"/>	<input type="checkbox"/>	Regular, frequent alcohol use
<input type="checkbox"/>	<input type="checkbox"/>	Muscular disease/joint pain/carpal tunnel syndrome/tendonitis	<input type="checkbox"/>	<input type="checkbox"/>	Narcotic or habit forming drug use
<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>	Tobacco use. If yes, how much: _____
<input type="checkbox"/>	<input type="checkbox"/>	Lung disease, emphysema, asthma, chronic bronchitis	<input type="checkbox"/>	<input type="checkbox"/>	Any other disease or illness: _____
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease, dialysis	<input type="checkbox"/>	<input type="checkbox"/>	Do you have any hobbies? If Yes, please list: _____
<input type="checkbox"/>	<input type="checkbox"/>	Liver disease	<input type="checkbox"/>	<input type="checkbox"/>	Do you have any cancer or illness that tends to occur in your family? If Yes, please list: _____
<input type="checkbox"/>	<input type="checkbox"/>	Digestive problems/ulcers/colitis	<input type="checkbox"/>	<input type="checkbox"/>	What jobs or types of work have you performed in the past? Please list: _____
<input type="checkbox"/>	<input type="checkbox"/>	Nervous or psychiatric disorders (e.g. severe depression). If Yes, medication: _____			
<input type="checkbox"/>	<input type="checkbox"/>	Loss of, or altered consciousness			
<input type="checkbox"/>	<input type="checkbox"/>	Fainting, dizziness			

For any Yes answer, indicate onset date, diagnosis, treating physician's name and address, and any current limitation. List all medications (including over-the-counter medications) used regularly or recently. _____

Are you certified to use medical marijuana? ☐ Yes ☐ No _____

How much work time have you lost in the last 2 years due to illness or injury? _____

Please list any past surgeries (operations): _____

Please list any allergies: _____

Have you had (answer Yes or No): Measles ☐ Yes ☐ No Mumps: ☐ Yes ☐ No
German Measles (Rubella): ☐ Yes ☐ No Chicken Pox: ☐ Yes ☐ No

If you were born in 1957, or more recently, have you had 2 measles or MMR immunizations? ☐ Yes ☐ No

I certify that the above information is complete and true. I understand that inaccurate, false, or missing information may invalidate the examination.

Signature _____ Date _____

PHYSICAL EXAMINATION

Name _____ Date _____

Height _____ Weight _____

Vision with/without correction Far RT _____ LT _____ Both _____

Safety glasses ☐ Yes ☐ No Near RT _____ LT _____ Both _____

Color _____

Depth Perception _____ %

Peripheral RT _____ LT _____

Hearing: Whisper RT _____ Feet LT _____ Feet
☐ See Audiogram

Blood Pressure _____ Repeat _____

Pulse _____

Urine Dip: Sugar _____ Specific Gravity _____ PH _____ Blood _____ Protein _____

Above completed by: Sign/Date/Time: _____

	Normal	Abnormal	Comments		Normal	Abnormal	Comments
Skin				Lungs			
Head				Heart			
Eyes				Abdomen			
Ears				Genitourinary			
Nose				Back			
Throat				Extremities			
Teeth				Nervous System			
Neck							

Findings/Recommendations: Follow-up with personal health care provider for preventative, routine, and on-going evaluation and care.

Medical Examiner (Print) _____

Signature _____ Date & Time _____

AUDIOMETRIC HISTORY

Date: _____

Employee Name: _____

SSN: _____

DOB: _____

Sex: _____

Company Name: _____

Date of Hire: _____

Job Title: _____

How Do You Rate Your Hearing:

- ☐ Good
☐ Fair
☐ Poor
☐ Difficult to Hear in Crowds
☐ Difficult to Hear Safety Alarms

Current Hearing Protection Used:

- ☐ None
☐ Ear Plugs
☐ Ear Muffs
☐ Both Plugs and Muffs
☐ Other: _____

Reason For Test:

- ☐ Pre-employment
☐ Annual
☐ Baseline
☐ Retest
☐ Exit

Mark an "X" in the NOW, PAST, or NEVER box next to each item:

NOW	PAST	NEVER	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Earaches
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Excessive Ear Ringing (Tinnitus)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Excessive Dizziness (Vertigo)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Head Injury (with unconsciousness)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	High Fever (Over 104° F)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ear Drainage
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ear Surgery Specify: _____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ear Injury Specify: _____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sinus Trouble
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Allergies/Hay Fever
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hearing Problems from Medication
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ear Infections
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bad Cold Today
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Asthma Attacks
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Trouble hearing in Right Ear
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Trouble hearing in Left Ear
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hearing Aid: Right _____ Left _____

NON-WORK EXPOSURE TO NOISE: Do/did you have significant exposure to any of the following without hearing protection outside of work? (Mark an "X" in the NOW, PAST, or NEVER box next to each item.

NOW	PAST	NEVER	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Gun Fire
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chainsaws/Power Tools
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Heavy Equipment
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Aircraft
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hunting
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Loud Music
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Car Racing
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Engine Work/Tractor/Auto
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pilot a Plane

Employee Signature _____

Date _____

OTOSCOPIC EXAMINATION

TO BE COMPLETED BY PHYSICIAN/TECHNICIAN AT TIME OF OTOSCOPIC EXAMINATION.

HAS THE WORKER:

- | YES | NO | |
|--------------------------|--------------------------|-------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Been working prior to examination? |
| <input type="checkbox"/> | <input type="checkbox"/> | Been exposed to noise 14 hours prior to test? If Yes, indicate the number of hours: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | Had an audiometric test in the last year? |
| <input type="checkbox"/> | <input type="checkbox"/> | Had an audiometric test over 1 year ago? |
| <input type="checkbox"/> | <input type="checkbox"/> | It is unknown whether an audiometric test had been performed. |

Check N (Normal) or A (Abnormal) for each. If A (Abnormal) is checked, describe the abnormality in the space provided.

	RIGHT	LEFT	DESCRIBE ABNORMAL
External Ear	[N] [A]	[N] [A]	_____
Ear Canal	[N] [A]	[N] [A]	_____
Ear Drum	[N] [A]	[N] [A]	_____

ATTACH AUDIOGRAM

PFT Questionnaire
(Pulmonary Function Test)

- | | | |
|----------------------------------------------------------------------------------------|-------|----|
| 1. Have you smoked anything within the past one (1) hour? | Yes | No |
| 2. Have you had a heavy meal within the past two (2) hours? | Yes | No |
| 3. Do you wear dentures? | Yes | No |
| 4. Have you used any aerosol for asthma, etc., within the past two (2) hour? | Yes | No |
| 5. Have you had any flu or upper respiratory symptoms with in the past three (3) week? | Yes | No |
| 6. Have you had any current or chronic ear infections? | Yes | No |
| 7. Have you had surgery recently? | Yes | No |
| 8. How do you feel today? | <hr/> | |
| 9. Please remove restrictive clothing. | | |

Appendix C to Sec. 1910.134: OSHA Respirator Medical Evaluation Questionnaire (Mandatory)

To the employer: Answers to questions in Section 1, and to question 9 in Section 2 of Part A, do not require a medical examination.

To the employee: Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A. Section 1. (Mandatory) The following information must be provided by every employee who has been selected to use any type of respirator (please print).

1. Today's date: _____
2. Your name: _____
3. Your age (to nearest year): _____
4. Sex (circle one): Male/Female
5. Your height: _____ ft. _____ in.
6. Your weight: _____ lbs.
7. Your job title: _____
8. A phone number where you can be reached by the health care professional who reviews this questionnaire (include the Area Code): _____
9. The best time to phone you at this number: _____
10. Has your employer told you how to contact the health care professional who will review this questionnaire (circle one): Yes/No
11. Check the type of respirator you will use (you can check more than one category):
 - a. _____ N, R, or P disposable respirator (filter-mask, non-cartridge type only).
 - b. _____ Other type (for example, half- or full-facepiece type, powered-air purifying, supplied-air, self-contained breathing apparatus).
12. Have you worn a respirator (circle one): Yes/No

If "yes," what type(s): _____

Part A. Section 2. (Mandatory) Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (please circle "yes" or "no").

1. Do you *currently* smoke tobacco, or have you smoked tobacco in the last month: Yes/No
2. Have you *ever had* any of the following conditions?
 - a. Seizures: Yes/No
 - b. Diabetes (sugar disease): Yes/No
 - c. Allergic reactions that interfere with your breathing: Yes/No
 - d. Claustrophobia (fear of closed-in places): Yes/No
 - e. Trouble smelling odors: Yes/No
3. Have you *ever had* any of the following pulmonary or lung problems?
 - a. Asbestosis: Yes/No
 - b. Asthma: Yes/No
 - c. Chronic bronchitis: Yes/No
 - d. Emphysema: Yes/No
 - e. Pneumonia: Yes/No
 - f. Tuberculosis: Yes/No
 - g. Silicosis: Yes/No
 - h. Pneumothorax (collapsed lung): Yes/No
 - i. Lung cancer: Yes/No
 - j. Broken ribs: Yes/No
 - k. Any chest injuries or surgeries: Yes/No
 - l. Any other lung problem that you've been told about: Yes/No
4. Do you *currently* have any of the following symptoms of pulmonary or lung illness?
 - a. Shortness of breath: Yes/No
 - b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline: Yes/No
 - c. Shortness of breath when walking with other people at an ordinary pace on level ground: Yes/No

- d. Have to stop for breath when walking at your own pace on level ground: Yes/No
 - e. Shortness of breath when washing or dressing yourself: Yes/No
 - f. Shortness of breath that interferes with your job: Yes/No
 - g. Coughing that produces phlegm (thick sputum): Yes/No
 - h. Coughing that wakes you early in the morning: Yes/No
 - i. Coughing that occurs mostly when you are lying down: Yes/No
 - j. Coughing up blood in the last month: Yes/No
 - k. Wheezing: Yes/No
 - l. Wheezing that interferes with your job: Yes/No
 - m. Chest pain when you breathe deeply: Yes/No
 - n. Any other symptoms that you think may be related to lung problems: Yes/No
5. Have you *ever had* any of the following cardiovascular or heart problems?
- a. Heart attack: Yes/No
 - b. Stroke: Yes/No
 - c. Angina: Yes/No
 - d. Heart failure: Yes/No
 - e. Swelling in your legs or feet (not caused by walking): Yes/No
 - f. Heart arrhythmia (heart beating irregularly): Yes/No
 - g. High blood pressure: Yes/No
 - h. Any other heart problem that you've been told about: Yes/No
6. Have you *ever had* any of the following cardiovascular or heart symptoms?
- a. Frequent pain or tightness in your chest: Yes/No
 - b. Pain or tightness in your chest during physical activity: Yes/No
 - c. Pain or tightness in your chest that interferes with your job: Yes/No
 - d. In the past two years, have you noticed your heart skipping or missing a beat: Yes/No

e. Heartburn or indigestion that is not related to eating: Yes/No

d. Any other symptoms that you think may be related to heart or circulation problems: Yes/No

7. Do you *currently* take medication for any of the following problems?

a. Breathing or lung problems: Yes/No

b. Heart trouble: Yes/No

c. Blood pressure: Yes/No

d. Seizures: Yes/No

8. If you've used a respirator, have you *ever had* any of the following problems? (If you've never used a respirator, check the following space and go to question 9:)

a. Eye irritation: Yes/No

b. Skin allergies or rashes: Yes/No

c. Anxiety: Yes/No

d. General weakness or fatigue: Yes/No

e. Any other problem that interferes with your use of a respirator: Yes/No

9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire: Yes/No

Questions 10 to 15 below must be answered by every employee who has been selected to use either a full-facepiece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.

10. Have you *ever lost* vision in either eye (temporarily or permanently): Yes/No

11. Do you *currently* have any of the following vision problems?

a. Wear contact lenses: Yes/No

b. Wear glasses: Yes/No

c. Color blind: Yes/No

d. Any other eye or vision problem: Yes/No

12. Have you *ever had* an injury to your ears, including a broken ear drum: Yes/No

13. Do you *currently* have any of the following hearing problems?

- a. Difficulty hearing: Yes/No
- b. Wear a hearing aid: Yes/No

c. Any other hearing or ear problem: Yes/No

14. Have you *ever had* a back injury: Yes/No

15. Do you *currently* have any of the following musculoskeletal problems?

- a. Weakness in any of your arms, hands, legs, or feet: Yes/No
- b. Back pain: Yes/No
- c. Difficulty fully moving your arms and legs: Yes/No
- d. Pain or stiffness when you lean forward or backward at the waist: Yes/No
- e. Difficulty fully moving your head up or down: Yes/No
- f. Difficulty fully moving your head side to side: Yes/No
- g. Difficulty bending at your knees: Yes/No
- h. Difficulty squatting to the ground: Yes/No
- i. Climbing a flight of stairs or a ladder carrying more than 25 lbs: Yes/No
- j. Any other muscle or skeletal problem that interferes with using a respirator: Yes/No

Part B Any of the following questions, and other questions not listed, may be added to the questionnaire at the discretion of the health care professional who will review the questionnaire.

1. In your present job, are you working at high altitudes (over 5,000 feet) or in a place that has lower than normal amounts of oxygen: Yes/No

If "yes," do you have feelings of dizziness, shortness of breath, pounding in your chest, or other symptoms when you're working under these conditions: Yes/No

2. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g., gases, fumes, or dust), or have you come into skin contact with hazardous chemicals: Yes/No

If "yes," name the chemicals if you know them: _____

3. Have you ever worked with any of the materials, or under any of the conditions, listed below:

a. Asbestos: Yes/No

- b. Silica (e.g., in sandblasting): Yes/No
- c. Tungsten/cobalt (e.g., grinding or welding this material): Yes/No
- d. Beryllium: Yes/No
- e. Aluminum: Yes/No
- f. Coal (for example, mining): Yes/No
- g. Iron: Yes/No
- h. Tin: Yes/No
- i. Dusty environments: Yes/No
- j. Any other hazardous exposures: Yes/No

If "yes," describe these exposures: _____

4. List any second jobs or side businesses you have: _____

5. List your previous occupations: _____

6. List your current and previous hobbies: _____

7. Have you been in the military services? Yes/No

If "yes," were you exposed to biological or chemical agents (either in training or combat): Yes/No

8. Have you ever worked on a HAZMAT team? Yes/No

9. Other than medications for breathing and lung problems, heart trouble, blood pressure, and seizures mentioned earlier in this questionnaire, are you taking any other medications for any reason (including over-the-counter medications): Yes/No

If "yes," name the medications if you know them: _____

10. Will you be using any of the following items with your respirator(s)?

- a. HEPA Filters: Yes/No
- b. Canisters (for example, gas masks): Yes/No

c. Cartridges: Yes/No

11. How often are you expected to use the respirator(s) (circle "yes" or "no" for all answers that apply to you)?:

a. Escape only (no rescue): Yes/No

b. Emergency rescue only: Yes/No

c. Less than 5 hours *per week*: Yes/No

d. Less than 2 hours *per day*: Yes/No

e. 2 to 4 hours per day: Yes/No

f. Over 4 hours per day: Yes/No

12. During the period you are using the respirator(s), is your work effort:

a. *Light* (less than 200 kcal per hour): Yes/No

If "yes," how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of a light work effort are *sitting* while writing, typing, drafting, or performing light assembly work; or *standing* while operating a drill press (1-3 lbs.) or controlling machines.

b. *Moderate* (200 to 350 kcal per hour): Yes/No

If "yes," how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of moderate work effort are *sitting* while nailing or filing; *driving* a truck or bus in urban traffic; *standing* while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; *walking* on a level surface about 2 mph or down a 5-degree grade about 3 mph; or *pushing* a wheelbarrow with a heavy load (about 100 lbs.) on a level surface. c. *Heavy* (above 350 kcal per hour): Yes/No

If "yes," how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of heavy work are *lifting* a heavy load (about 50 lbs.) from the floor to your waist or shoulder; working on a loading dock; *shoveling*; *standing* while bricklaying or chipping castings; *walking* up an 8-degree grade about 2 mph; climbing stairs with a heavy load (about 50 lbs.).

13. Will you be wearing protective clothing and/or equipment (other than the respirator) when you're using your respirator: Yes/No

If "yes," describe this protective clothing and/or equipment: _____

14. Will you be working under hot conditions (temperature exceeding 77 deg. F): Yes/No

15. Will you be working under humid conditions: Yes/No

16. Describe the work you'll be doing while you're using your respirator(s):

17. Describe any special or hazardous conditions you might encounter when you're using your respirator(s) (for example, confined spaces, life-threatening gases):

18. Provide the following information, if you know it, for each toxic substance that you'll be exposed to when you're using your respirator(s):

Name of the first toxic substance: _____

Estimated maximum exposure level per shift: _____

Duration of exposure per shift: _____

Name of the second toxic substance: _____

Estimated maximum exposure level per shift: _____

Duration of exposure per shift: _____

Name of the third toxic substance: _____

Estimated maximum exposure level per shift: _____

Duration of exposure per shift: _____

The name of any other toxic substances that you'll be exposed to while using your respirator:

19. Describe any special responsibilities you'll have while using your respirator(s) that may affect the safety and well-being of others (for example, rescue, security):

[63 FR 1152, Jan. 8, 1998; 63 FR 20098, April 23, 1998; 76 FR 33607, June 8, 2011; 77 FR 46949, Aug. 7, 2012]

RESPIRATOR FITNESS / MEDICAL CLEARANCE

Employee Name: _____ SS#: _____ / _____ / _____

Company: _____

☐ Medically Fit and Approved for All Respirator Use under any working Conditions

☐ Limited Respirator Use Only:

☐ Not approved for negative pressure respirator but may use a Powered Air-Purifying Respirator (PAPR).

Recommendations including re-evaluation:

☐ Not Medically Fit for Respirator Use

☐ A copy of this form has been given to the employee.

Licensed Healthcare Professional Signature: _____ Date: _____

Licensed Healthcare Professional Name: _____

FIREFIGHTER PHYSICAL NOTIFICATION FORM

Firefighter's Name: _____ Date of Physical: _____

SS# _____ Title: _____

Firefighter Department Name: _____

Hazardous Material Team Member? _____ Yes _____ No

I have examined the above named: _____

_____ He/she is physically fit and cleared to perform assigned duties.

_____ He/she is not physically fit and cleared to perform assigned duties.

_____ He/she is unable to be cleared at this time due to lack of information.

Physician's Signature _____ Date _____

Comments/follow up recommendations: _____

Physician's Signature _____ Date _____

*The conclusions of this medical assessment are based, in part, on the assumptions that the medical history and any supplied job description or essential functions of the job are true and correct. The employer is responsible for employment decisions when considering accommodation for those with any limitations or restrictions. If there are any questions or concerns about an individual's abilities to perform tasks, please do not hesitate to contact a representative at HealthWorks.